

***Affiliated to Rebus NZ Incorporated***

***Established 25<sup>th</sup> September 2019, Rebus Club No: 19106***

***Bank a/c details for direct credits: 12-3084-0029743-00***

***Meetings: 9.30 am, second Wednesday each month, except January,  
at Gulf Harbour Yacht Club, Laurie Southwick Parade, Gulf Harbour.***

**Apologies to Secretary:** [rebusgulpharboursecretary@gmail.com](mailto:rebusgulpharboursecretary@gmail.com) OR 027 321 9713

**MEETING Wednesday 11<sup>th</sup> DECEMBER**

**Guest Speaker: Karen Seater of "Ship n Shore Tours"**

**Club Speaker: Bryan Wentworth**

**From the President:**



It is usual, at this time of year, for advice to be given about reducing stress, managing sleep, organising yourself for the Christmas rush, and how to simplify your catering for the big day. To be perfectly honest, I feel stressed, lacking in sleep and generally unorganised. I'm in no position to tell you how to have a calm Christmas! Every year I tell myself that a stress-free Christmas is a real joy. Don't worry, I tell myself, about getting all the presents for the family; don't worry about the fact that hundreds of people are going to descend on you for drinks and food; don't worry about the times you have to thank people for silly gifts and above all, don't worry about worrying so much.

I guess it only remains for me to wish all our incredible Rebus members a calm, happy and stress-free holiday period. I hope you all get well feed and hydrated, that you get what you deserve from Santa, and by January, you return to normality well rested and with your sense of calm replenished. As a special gift from the committee, we will throw in a meeting-free holiday in January. Regular meetings will not resume until **Wednesday the 12th of February 2025.**

Thank you for all the fun and companionship during the year. I look forward to the good times continuing when we return.

*Ken.*



**\$\$ Please remember: small money for Entry and Sales Table, \$\$.**  
**and turn off your phone during meeting.**

## COMMITTEE 2024/5

<b>President:</b>	Ken Daniels	021 621 411	<b>*Positions off Committee</b>		
<b>Vice President:</b>	Jean McIntosh	09 424 7115	<b>*Club Speakers:</b>	Judi Lee	029 8942 522
<b>Secretary:</b>	Lynette Phillips	027 321 9713	<b>*Welfare:</b>	Pam Naylor	021 394 966
<b>Treasurer:</b>	David Kilsby	021 958 975	<b>*Greeter:</b>	Sue Lewis	0272 462 460
<b>Membership:</b>	Verneice Kilsby	027 958 0005	<b>*Website, Publicity &amp; Photography:</b>	Graeme McIntosh	0274 739 787
<b>Newsletter:</b>	Jean McIntosh	09 424 7115			
<b>Committee:</b>	Gill Wild	027 297 3414			
	Alister Fookes	022 139 7406			
	Gill Raynor	022 139 7406	<b>*Kitchen:</b>	Colin Cathro	09 428 0869
<b>Outings:</b>	Nancy Hewertson	022 083 2519	<b>* Guest Speakers:</b>	Kathryn Officer	021 575 191
<b>IPP:</b>	Verna Harford	0210 774 325			

**LAST MEETING:** Three new members were inducted by Pres. Ken at the November meeting, **Gwyneth Manning, Sheila Bosher, and Maragaret Phillips.** Welcome!



**Club Speaker: Sarah Bretherton** told us about her childhood and early upbringing on a farm near **Southport** in the northwest of England. She amused us with her



stories as an adventurous toddler. An early start at school, aged four, laid the foundations for Sarah's education, going to Grammar School and then to University, where she qualified as a physiotherapist.

**Guest Speaker: Sarah Williams, Hibiscus Coast Zero-Waste Co-ordinator.** This is a charity funded by the **Auckland Council**, which also runs the "Repair Café", manned by volunteers. The Council intends to be waste free eventually. Rubbish going to landfill creates electricity from methane. Plastic bags take up to 1,000 years to break down. Insinkerators are a No No. There are seven types of plastic – only 1, 2 and 5 are recyclable.

**The Club Membership stands at 65, and the Bank Balance at the end of November was \$5,996.**

### **FUTURE EVENTS:**

**TRIP ON THE 'JANE GIFFORD': Friday 6<sup>th</sup> December at Warkworth.** Bring your own lunch & drinks. Boat departs 11.30am.

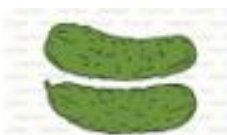
**ANNUAL BBQ: Shakespear Park, Te Haruhi Bay, (same as before), 11.30 am, Wednesday January 22<sup>nd</sup>, 2025.** BYO chair, cutlery, crockery and drinks. Food provided by the Club.

**DINE OUT GROUP: The next dinner evening will be Tuesday 4th February 2025 at Mainsail Gulf Harbour**

**OUTING: 20<sup>th</sup> February 2025, Manurewa Botanic and Sculpture Gardens.** Carpooling, lunch at Café on site.

**NOTE: CARPOOLING:** As most of our trips/events involve carpooling, if someone is kind enough to offer you a ride, you might like to offer a contribution towards petrol etc.

**SALES TABLE:** The Sales Table will be up and running with preserves, baking, and plants etc. See what we have for sale! **Contributions to the Sales Table are always welcome, garden produce, plants, books etc. But if your items are not sold, please take them home with you.** Thanks for your support.



## INTEREST GROUPS:



**The Ramblers Group:** Meet every Monday morning. Contact: Garth Dutton, [garth269@gmail.com](mailto:garth269@gmail.com) or 020 400 60844.



**CBD Explorers:** Meet monthly. Contact: Judi Lee, [Leeja@xtra.co.nz](mailto:Leeja@xtra.co.nz) or 029 8942 522.



**Dine-Out Group:** Meets monthly. Contact: George Tregidga, [gandc@xtra.co.nz](mailto:gandc@xtra.co.nz) or 424 5322.



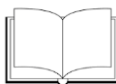
**Mah Jong Group:** Meets every Wednesday, 1.30 pm. Contact: Verna Harford, [vernaharford@gmail.com](mailto:vernaharford@gmail.com) or 0210 774 325.



**500 Cards Evening:** Meets monthly. Contact: Pam Warner, [pambiggs2003@yahoo.com.au](mailto:pambiggs2003@yahoo.com.au) or 021 146 5753.



**Discussion Group:** Meets monthly, the day after Club Day, 10.00 am. Contact: Ken Daniels, [kendaniels007@gmail.com](mailto:kendaniels007@gmail.com) or 021 621 411. (Currently in recess).



**Book Group:** Meets monthly at Whangaparaoa Library, last Tuesday of the month, 10.00 a.m. Contact: Cathie Theron, [piettheron@xtra.co.nz](mailto:piettheron@xtra.co.nz) or 09 428 7970. (Currently in recess).

## **BIRTHDAYS IN DECEMBER**



Jennifer Robertson, Patricia Davis, Lois Kenworthy,  
Graeme McIntosh, Frederick Elley, Bill Anderson, Ken Daniels.  
Happy Birthday, we hope you all celebrate in style.

**MEMBERSHIP:** If any of your personal details change during the year, please notify Graeme McIntosh 0274 739 787, who will update the database. **Remember**, you can refer prospective members to the Club's website, [www.rebus-gulpharbour.nz](http://www.rebus-gulpharbour.nz)

**NEW MEMBERS:** Please update your Membership List with the following details:

Sheila Boshier, 250 Alec Craig Way, Gulf Harbour,	021 02671147 <a href="mailto:sheilabosh17@gmail.com">sheilabosh17@gmail.com</a>
Gwyneth Manning, 59 Cape Cod, Gulf Harbour,	021 2577640 <a href="mailto:gwynethmanning@gotmail.com">gwynethmanning@gotmail.com</a>
Margaret Phillips, 84 Vipond Road, Stanmore Bay,	021 339937 <a href="mailto:enfil43@gmail.com">enfil43@gmail.com</a>

**GUEST SPEAKERS:** If you know someone who would be an interesting Guest Speaker, please give the details to Kathryn Officer, Speakers Convenor, who will then make contact, and all the arrangements necessary. Ph. 021 575 191.

**MEMBERS ARE ASKED NOT TO MAKE A COMMITMENT ON BEHALF OF THE CLUB, PLEASE!**

# OUT AND ABOUT



**The Ramblers**, 25<sup>th</sup> November, Orewa Estuary,



and 4<sup>th</sup> November, Shepherds Park Ramble.



**The Mah Jong Group** continues to meet every Wednesday – afternoon tea included, as well as exercise for our brains!



One green-fingered member reports: “**FINALLY**, my plant has a female flower, so far it has only had male flowers. Come on guys, time to do your thing!!  
**Fingers crossed!!**”

**WELFARE:** Pam Naylor will be stepping down as our **Welfare Person** next year. If you could take over this role, please speak to Jean McIntosh, or Ken Daniels. In the meantime, please phone

Pam: **Ph: 021 394 966**, or Verna: **Ph: 0210 774 325**.

**NAME BADGES:** Please remember to wear your name badge to all Club meetings, all trips, and events. We suggest you write the name and phone number of your “next of kin” (NOK) on the back of the name badge – just in case of an unexpected event etc.

## **IMPORTANT: PARKING:**

The Yacht Club advises that if the carpark is full, members who still drive, **but who have difficulty walking**, may park their car on the grass next to the drop-off area, or nose-to-tail in front of the Club’s garage.

[We now have a sign for “Reserved for Speaker Parking.”](#)



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Rebus Club of Gulf Harbour Christmas Lunch was held on Wednesday 4<sup>th</sup> December at the Red Beach Surf Lifesaving Club, attended by forty-eight members. The buffet lunch provided by Craig and the team from Krave Caterers, was delicious, and there was plenty of it. The setting, right on Red Beach, added to the enjoyment of the function, and the holiday feeling. Many thanks to Nancy Hewertson and Colin, who organised the function and arranged the table decorations. A most enjoyable time was had by all, as you can see from the photos.



Members tucking in to Christmas lunch function at Red Beach Surf Lifesaving Club



Our Flag marked the venue.



Function organiser, Nancy.

And that's a wrap for 2024.

President Ken and the Committee wish you all a very Happy Christmas.

